HSE Library
Leabharlann FSS

Health Information Calendar 2026

All health awareness campaigns are hyperlinked to websites providing information on the 2026 campaign theme and related support resources

JAN

Jan-Dec	**Building a Healthier Environment** Protecting Children's Health SafeFood
Jan 6-17	**First Fortnight** Mental Health Art & Culture Festival
Jan 7-11 Feb	**Ireland Lights Up** GAA Healthy Clubs Step Challenge Get Ireland Walking
Jan 19-23	**Cervical Cancer Awareness Week** **CervicalCheck** Irish Cancer Society
Jan 28	**International Data Protection Day** Council of Europe

FEB

Feb 1-28	**Fibre February** Irish Nutrition & Dietetic Institute
Feb 1-28	**Oesophageal Cancer Awareness** Esophageal Cancer Fund Irish Cancer Society Marie Keating Breakthrough Cancer
Feb 4	**World Cancer Day** Irish Cancer Society Marie Keating Foundation
Feb 9	**International Epilepsy Day** Epilepsy Ireland
Feb 10	**Safer Internet Day** *Webwise*
Feb 15	**International Childhood Cancer Day** Irish Cancer Society Marie Keating Foundation
Feb 18	**National No Smoking Day** Quit Smoking HSE
Feb 20	**World Day of Social Justice**
Feb 23-Mar 1	**Eating Disorder Awareness Week** Bodywhys
Feb 28	**Rare Disease Day** Rare Diseases Ireland

MAR

Mar 1-31	**Endometriosis Awareness Month** Endometriosis Association of Ireland
Mar 4	**World Obesity Day** EASO WODAY
Mar 4	**International HPV Awareness Day** Irish Cancer Society Marie Keating Foundation
Mar 6	**World Lymphoedema Awareness Day** Irish Cancer Society Marie Keating Foundation
Mar 8	**International Women's Day** The National Women's Council
Mar 12	**World Kidney Day** Irish Kidney Association
Mar 13	**World Sleep Day**
Mar 16-22	**Brain Awareness Week** Neurological Alliance of Ireland
Mar 16-22	**Nutrition and Hydration Week**
Mar 21	**World Down Syndrome Day** Down Syndrome Ireland
Mar 21	**International Day for the Elimination of Racial Discrimination** **UN** HSE National Social Inclusion office
Mar 22	**World Water Day**
Mar 24	**World Tuberculosis Day** Tuberculosis Service
Mar 30-Apr 10	**Adolescent and Young Adult AYA Cancer Awareness week** Irish Cancer Society Childhood Cancer Ireland

APR

April 1-30	**National Spring Clean programme** An Taisce
April 1-30	**Bowel Cancer Awareness Month** Bowel Screen Irish Cancer Society Marie Keating Breakthrough Cancer
April 1-30	**Testicular Cancer Awareness month** Irish Cancer Society Marie Keating Breakthrough Cancer
Apr 2	**World Autism Awareness Day** Irish Society of Autism
Apr 7	**World Health Day**
Apr 8	**International Traveller and Roma Day** Council of Europe National Social Inclusion Office
Apr 11	**Cystic Fibrosis 65 Roses National Awareness Day** Cystic Fibrosis Ireland
Apr 19	**World Liver Day** Irish Liver Foundation
Apr 20-26	**National Arthritis Week** Arthritis Ireland
Apr 24-30	**World Immunization Week**
Apr 28	**World Day for Safety and Health at Work** UN
Apr 29	**National Workplace Wellbeing day**

MAY

May 1-31	**EU Diversity Month**
May 1-31	**Sunsmart** Skin Cancer Prevention Month Irish Cancer Society Marie Keating Foundation
May 1-31	**Brain Tumour Awareness Month** Irish Cancer Society Marie Keating Breakthrough Cancer
May 1-31	**Bealtaine Festival** Age and Opportunity
May 4-8	**European Mental Health Week** Mental Health Europe
May 4-8	**European Public Health Week**
May 5	**World Hand Hygiene Day** WHO
May 5	**International Day of the Midwives' Day** **IMNO**
May 6	**World Asthma Day** Asthma Society of Ireland
May 6	**World Maternal Mental Health Day**
May 8	**World Ovarian Cancer Day** Irish Cancer Society Marie Keating Breakthrough Cancer
May 9-17	**National Bike Week** An Taisce Green Schools
May 12	**International Nurses Day** ICN INMO WHO
May 15	**Hello How Are You?** Mental Health Ireland
May 16-23	**Organ Donation Awareness Week** Irish Kidney Association
May 17	**International Day Against Homophobia, Biphobia & Transphobia** IDAHOT LGBT Ireland Belong To
May 18-24	**National Volunteering Week** Volunteer Ireland
May 19	**World IBD Day** Crohn's & Colitis Ireland
May 20	**International Clinical Trials Day**
May 25-31	**European Week against Cancer** EU Commission
May 29	**World Health Digestive Day**
May 30	**World Multiple Sclerosis Day** MS Ireland
May 31	**World No Tobacco Day** WHO Quit Smoking HSE

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JUN

Jun 1 -30	**Cavernoma Awareness Month** Cavernoma Ireland
Jun 1-7	**Haemochromatosis Awareness Week** The Irish Haemochromatosis Association
Jun 5	**World Environment Day** UNEP
Jun 7	**Cancer Survivors Day** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Jun 8-14	**National Carers' Week** Care Alliance Ireland Family Carers Ireland
Jun 8-12	**Scoot to School Week** Green Schools An Taisce
Jun 8-14	**Infant Mental Health Awareness Week** HSE Perinatal Mental Health Services
Jun 14	**World Blood Donor Day** IBTS
Jun 15-21	**Men's Health Awareness Week** Men's Health Forum in Ireland
Jun 18	**World Kidney Cancer Day**
Jun 20	**UN World Refugee Day** UNHCR Ireland HSE National Social Inclusion Office
Jun 26	**UN International Day Against Drug Abuse and Illicit Trafficking**

JUL

Jul 1-31	**Sarcoma Awareness Month** Irish Cancer Society Marie Keating Foundation
Jul 11	**UN World Population Day**
Jul 27	**World Head & Neck Cancer Day** Irish Cancer Society Marie Keating Foundation
Jul 28	**World Hepatitis Day** Hepatitis C Ireland

AUG

Aug 1-7	**World Breastfeeding Week** WABA HSE Breastfeeding Support
Aug 12	**International Youth Day** UN
Aug 19	**World Humanitarian Day** UN
Aug 31	**International Overdose Awareness Day** HSE Drugs **HSE Social Inclusion**

SEPT

Sept 1-30	**Heart Month** Irish Heart Foundation
Sept 1-30	**Childhood Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 1-30	**Green Ribbon Campaign** Shine Mental Health Campaign
Sept 1-30	**Blood Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 1-30	**Gynaecological Oncology Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 4	**World Sexual Health Day** HSE
Sept 6-12	**Palliative Care Week** All Ireland Institute of Hospice and Palliative Care (AIIHPC)
Sept 7	**World Duchenne Awareness Day**
Sept 8-12	**Migraine Awareness Week** Migraine Ireland
Sept 9	**International Fetal Alcohol Spectrum Disorders (FASD)** FASD Ireland
Sept 10	**World Suicide Prevention Day** HSE Mental Health
Sept 13	**World Sepsis Day**
Sept 15	**World Lymphoma Awareness Day** Lymphoma Forum of Ireland Irish Cancer Society Marie Keating Foundation
Sept 16	**Mouth Cancer Awareness Day** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 17	**World Patient Safety Day** HSE Patient Safety
Sept 18	**Culture Night**
Sept 20	**World Gynaecological Oncology Day** OvaCare Irish Cancer Society Marie Keating Foundation ENGAGe
Sept 21	**World Alzheimer's Day** Alzheimer's Society of Ireland
Sept 21	**International Day of Peace** **UN**
Sept 21-27	**National Walking Week** Get Ireland Walking
Sept 23-30	**European Week of Sport** Sport Ireland
Sept 24	**World Cancer Research Day** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 25-2 Oct	**Positive Ageing Week** Age Action Ireland
Sept 27	**National Walking Day** Get Ireland Walking
Sept 29	**World Heart Day** Irish Heart Foundation
Sept 30	**International Recovery Day** HSE Drugs and Alcohol Information and Support

OCT

Oct 1	**International Day of Older Persons** Alone Age Action
Oct 1-31	**Breast Cancer Awareness Month** Breast Check Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Oct 1-31	**Liver Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Oct 1-7	**National Breastfeeding Week** HSE Breastfeeding Support
Oct 8	**World Sight Day**
Oct 10	**European Donation Day** Council of Europe
Oct 10	**World Mental Health Day** HSE Your Mental Health Aware Mental Health Ireland Aware
Oct 11	**World Hospice and Palliative Care Day**
Oct 13	**World Thrombosis Day** Irish Heart Foundation
Oct 16	**European Restart a Heart Day** ERC
Oct 16	**World Food Day**
Oct 16	**Developmental Language Delay DLD Awareness Day**
Oct 18	**World Menopause Day**
Oct 18-24	**International Infection Prevention Week** IIPW
Oct 18-24	**Spiritual Care Week**
Oct 20	**World Osteoporosis Day**
Oct 29	**World Stroke Day** Irish Heart Foundation Stroke Support
Oct 29	**Primary Sclerosing Cholangitis (PSV) Awareness Day**

NOV

Nov 1-30	**Global Lung Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 1-30	**Prostate Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 1-30	**Stomach Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 9-13	**Malnutrition Awareness Week** Irish Nutrition & Dietetic Institute Espen Irspen
Nov 12	**World Pneumonia Day**
Nov 14	**World Diabetes Day** Diabetes Ireland Diabetic Retina Screen
Nov 16-22	**Bereaved Children's Awareness Week** Irish Childhood Bereavement Network
Nov 16	**World Pancreatic Cancer Day** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 18	**European Antibiotic Awareness Day** EAAD https://antibiotic.ecdc.europa.eu/en
Nov 18	**World COPD Day** COPD Support Ireland
Nov 19	**International Men's Health Day** Men's Health Forum
Nov 20	**Universal Children's Day**
Nov 25	**International day of elimination of violence against women** HSE National Social Inclusion Office

DEC

Dec 1	**World Aids Day**
Dec 1-5	**Awareness Week on Alcohol Related Harm** HSE Alcohol resources Alcohol Action Ireland
Dec 3	**International Day of Persons with Disabilities** Disability Federation of Ireland
Dec 5	**International Volunteer Day** UN Volunteer Ireland
Dec 10	**International Human Rights Day** UN Irish Human Rights and Equality Commission HSE Social Inclusion Office
Dec 18	**International Migrants Day** UN HSE Social Inclusion Office

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