**HEALTH INFORMATION & AWARENESS CALENDAR 2021**

**JAN**
- Jan-Feb KeepWell Campaign Healthy Ireland https://www.gov.ie/en/campaigns/healthyireland/
- Jan 2 National Trails Day http://www.nationaltrailiday.ie/
- Jan 2-17 First Fortnight Mental Health Art & Culture Festival https://www.firstfortnight.ie HSE https://www2.hse.ie/mental-health
- Jan 1-31 Get Ireland Active Promoting Physical Activity in Ireland https://www.getirelandactive.ie/
- Jan 6-Feb 28 Operation Transformation RTE/HSE https://ot.ie/

**FEB**
- Feb 4 World Cancer Day https://www.worldcancerday.org/ Irish Cancer Society www.cancer.ie
- Feb 8 International Epilepsy Day Epilepsy Ireland https://www.epilepsy.ie www.internationalepilepsiday.org
- Feb 9 Safer Internet Day PDST Technology in Education and Webwise www.webwise.ie/saferinternetday
- Feb 28 Rare Disease Day Rare Diseases Ireland www.rdi.ie Eurodisir https://www.rarediseaseday.org/country/ireland

**MAR**
- Mar 1-30 Bowel Cancer Awareness Month Irish Cancer Society www.cancer.ie Marie Keating www.mariekeating.ie
- Mar 4 Health & Social Care Professions Day https://www.hse.ie/eng/about/who/cspd/health-and-social-care-professionals/
- Mar 4 World Obesity Day EASO https://easo.advocacy/world-obesity-day/
- Mar 13 National No Smoking Day HSE Quitline https://www.quit.ie/ FREETEXT QUIT TO 50100
- Mar 15-21 Brain Awareness Week Neurological Association of Ireland https://www.nai.ie/go/brain-awareness-week
- Mar 21 World Down Syndrome Day Down Syndrome Ireland www.downsyndrome.ie
- Mar 22- Apr 30 Run a Day Challenge Active School https://activeschoolflag.ie/events/run-a-day-challenge/
- Mar 28-Apr 4 Organ Donation Awareness Week Irish Kidney Association https://ika.ie/ Organ Donation and Transplant Ireland organ.ie/

**APR**
- Apr 7 World Health Day https://www.who.int/campaigns/world-health-day/
- Apr 19- May 23 Steps to Health Challenge HSE.ie/stepstoh Health
- Apr 24-30 World Immunization Week WHO https://www.who.int/campaigns
- Apr 22 Earth Day Cities UN https://www.un.org/enobservances/earth-day Friends of the Earth www.foe.ie
- Apr 26-30 National Active School Week Active School https://activeschoolflag.ie/index.php/active-school-week/
- Apr 20-24 National Arthritis Week Arthritis Ireland https://www.arthritisireland.ie/

**MAY**
- May 1-31 Sunsmart Skin Cancer Prevention Month www.cancer.ie Marie Keating www.mariekeating.ie
- May 1-31 Bealtaine Festival Age and Opportunity http://bealtaine.ie/
- May 8 World Ovarian Cancer Day Irish Cancer Society www.cancer.ie
- May 12 World Fibromyalgia Day Arthritis Ireland https://www.arthritisireland.ie/ fibromyalgia
- May 17-21 European Public Health Week https://ephe.org/euphw
- May 20 International Clinical Trials Day ECRIN https://ecrin.org/international-clinical-trials-day-ictd
- May 25-31 European Week Against Cancer www.europeancancerleagues.org/European-week-against-cancer/
- May 30 World MS Day MS Ireland www.ms-society.ie worldmsday.org/
- May 31 World No Tobacco Day HSE Quit www.quit.ie/ WHO https://www.who.int/tobacco/ventdien/

*Produced by the Dr Steevens’ Library, National Health Library & Knowledge Service, HSE.*
The information included is correct at the time of going to press. Inclusion does not imply recommendation by the NHLS.
Please contact Dymphna McGettigan, dymphna.mcgettigan@hse.ie