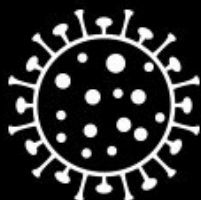




NATIONAL HEALTH
LIBRARY & KNOWLEDGE
SERVICE

HSE LIBRARY NEWS

ISSUE 20 • DECEMBER 2020



Coronavirus COVID-19

A YEAR WHEN LIBRARIANS DELIVERED

AOIFE LAWTON

2020 has been a difficult year for everyone. As we look back on a historic year, everyone's experience is unique to them, and the year ahead will likewise be challenging in ways unique to each of us, even as we face a common threat.

Throughout the year the library service has acted with agility, responded quickly, mobilised services to suit new ways of working and shown resilience. We have implemented new systems and services in record time, we have worked in partnership with key divisions in the HSE and many of our staff were and some are still redeployed to Public Health.

Logistically, opening and closing physical libraries has not been easy but we have worked as a national team and supported each other continually. The strength of our service lies in our staff. We have shown we can adapt; we have kept essential services continuing as much as possible.

My thanks to everyone working with and as part of the National Health Library & Knowledge Service. I'd like to wish you all a very Happy Christmas and safe New Year...

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MERRY
christmas

The Running Man



Back in March 2020, Gethin White was injured and stuck in lockdown. Where most people might have been content to binge on Netflix and pretend to make sourdough bread, Gethin began training for a marathon with a difference...he was the only runner.

Health Library News has been granted exclusive access to Gethin's running diary, so here are some choice extracts.

March 16th

Feet are still awful. Every step hurts, I've been injured 7 months now. Rip running. Not that anybody will notice.

April 16th

Small improvement: can run on grass without much pain. Outran a 10 year old coming out of the park. Sad, but you have to feast on small victories!

May 16th

Bumped into Caitriona McKiernan in the park today. She asked me if I was training for any event. She ran with me for a few minutes. Great thrill when that occasionally happens. Still remember watching her London marathon victory in 1997. Nearly a quarter of a century ago. Yikes.

June 10th

Man spat at me today whilst I passed him on a run. I think he thought I was too close to him. Still can't quite believe it. I was too stunned to reply. In this together? Doesn't feel like it!

July 18th

Five mile Saturday run with Roisin (my daughter) and then pancakes. Won't be long before I'm struggling to keep up with her. She is getting me through this whole Covid mess. Shouldn't it be the other way round?

July 27th

Just returned from a late night run. 2.00am as I write this. Saw foxes, deer and heard the sound of various birds. Reminded me of the book animals of Farthing Wood. Took me back to my childhood.

July 29th

Running after a few glasses of red wine. Never going to work.

Gethin White



Gethin with his children, Roisin and Niall in a freezing Phoenix Park



The Running Man, pt 2

August 11th

Ran into an intimate young couple in a sand dune near the beach in Quilty, Co. Clare. I think they thought I was some kind of Peeping Tom or something. I wished them a good morning and kept going...it was 1.00am. Need to start running at normal times.

September 8th

Okay, very embarrassing. Saw Gary O'Hanlon (Irish National Marathon champion 2017) in the park today. Stupidly tried to speed up. Pulled a muscle and split the elastic in my shorts. Will I ever learn?

September 11th

A week of accidents. Ran into a deer. What is it with late night running? Never did any till this training programme. Anyway my sleep is all over the shop so who knows?

October 25th

Should have been the weekend of the Dublin marathon. Anyway, broke my half marathon personal best this weekend and got my sponsors' kit from the Samaritans. Wish I didn't have to wait until December to do the run (but I'm not ready).

Sunday December 6th

Could only think of three things as I lined up to start the marathon this morning. 1) It's cold (it was -1 Celsius) 2) My late dad 3) My work colleagues for all their brilliant support in helping me raise funds for the Samaritans.

It was a bit of a struggle but eventually I got through it. What was going through my head (at mile 20)? If I keep going I'm going to beat George W Bush. For some reason it's always annoyed me that he beat my previous times.

Anyway I just about did it, with the help of a great family support team. Got straight into a warm car. Fish and chips, whiskey and then a hot bath. Like Santa on Christmas Eve. That's me done for another year.

Never again! Said that last time though...

Gethin White



An exhausted Gethin is propped up by his loyal support team

Gethin's superb solo marathon in sub-zero temperatures has not gone unnoticed, nor unrewarded. The HSE's "This Week in Our Health Service" series has a feature on him.

More importantly, Gethin's run has raised €3,174 (and counting) for the Samaritans. In a year in which more people than ever have struggled with mental health difficulties, this is a real achievement. Congratulations, Gethin!



COVIDENCE

HSE Library recently acquired an institutional subscription to Covidence, the online tool that enables users to manage and co-create systematic reviews. This is the first time HSE Library has been able to provide a resource that enables users to manage and co-create systematic reviews.

Covidence makes it easy to do the following:

- import citations
- screen references (both title/abstract and full-text)
- create and populate data extraction forms.

Covidence was designed by researchers familiar with the systematic review process, in order to make conducting reviews more efficient. It is the primary screening and data extraction tool for Cochrane authors.

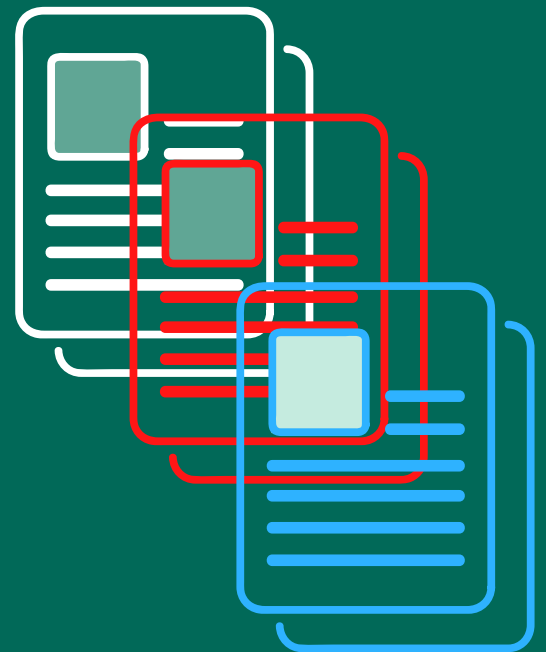
Creating a review

Once signed in, after clicking the link “Create new review” you will have the option to use your personal account licence or select the HSE Library account. You can then invite colleagues to work on the review with you.

Reviews created under the institutional license will be visible to the administrators of the HSE Library Covidence account. Your personal account review(s) will only be seen by you. Administrators can only see the title of your review and not see any citations imported by you.



Ronan Hegarty



How Do I Access Covidence?

HSE employees can set up an account if they have a valid HSE.ie email address. If a user does not have a HSE email account, they will need to email one of the administrators – their email addresses are [here](#).

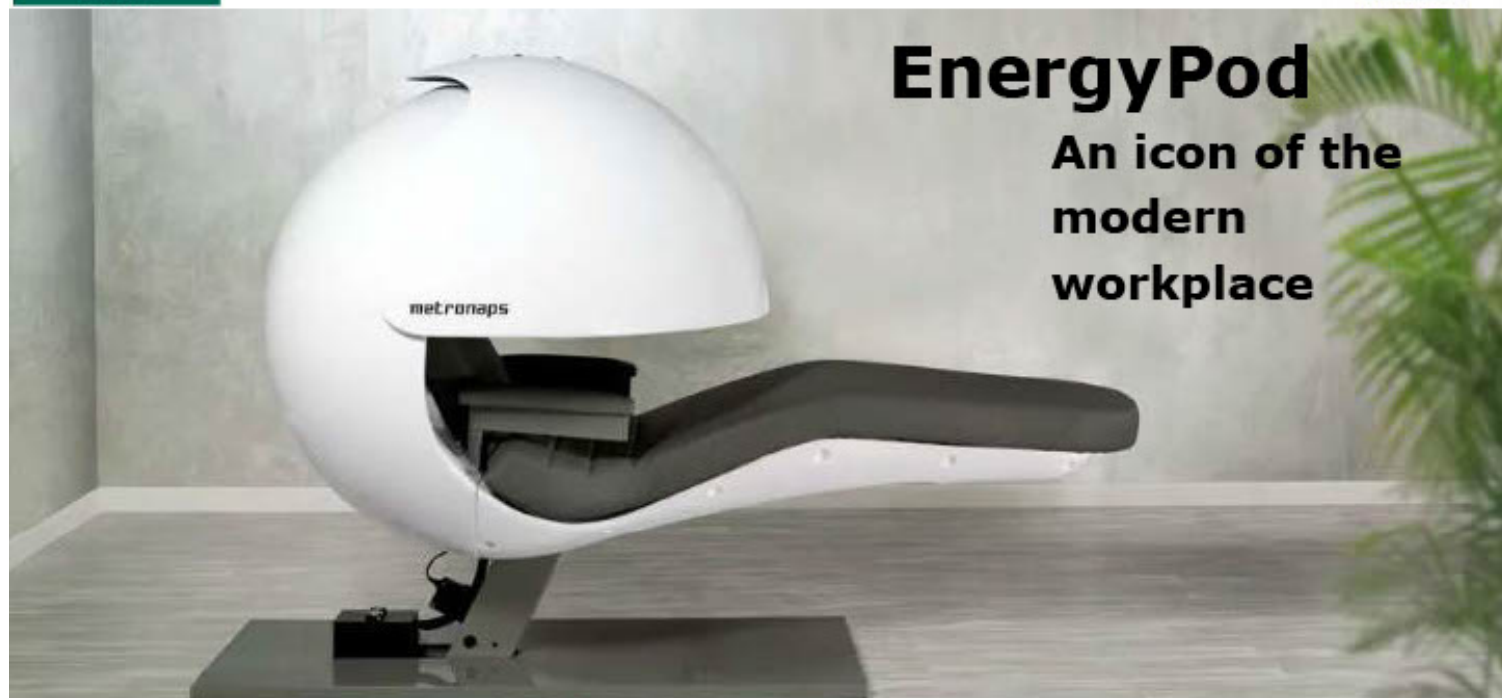
Once you have set up an account, please sign in [here](#).

Full instructions for the HSE Covidence institutional account are available [here](#).

Where do I get more help?

Covidence offers short video tutorials in their Knowledge Base to help you get started. See [**Getting Started with Covidence**](#) and [**Main Steps in Covidence**](#).

Logged in and need help? Click the question mark in the upper right hand corner to access support.



EnergyPod

An icon of the
modern
workplace

Located at St. Luke's General Hospital, Kilkenny
Opposite the Lift on Level 3 (Library and Education Centre)



Sleep, along with nutrition and exercise, is one of the three pillars of physical health. It affects how we look, feel and perform on a daily basis, and can have a major impact on our overall quality of life.



2019 by MetroNap

A short nap is associated with:

- improved alertness and cognitive functioning
- memory retention
- lower stress levels

Energy at work

These energy pods have recently been installed in the libraries in St Luke's Hospital, Kilkenny and Naas General Hospital, for clinical staff and researchers needing a mental boost.

Recharge Your Batteries in the Library

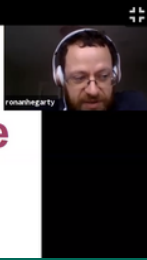


In total, three Energy Pods have been acquired; two are already in situ in Naas General Hospital and St Luke's Hospital, Kilkenny. The third is for Cork University Hospital and will be installed before the end of the year. The pods allow clinicians and researchers to refocus their mental energies and reduce stress.



Guest Lecture to DBS Students

Information Literacy in the Medical Library



Ronan Hegarty

I was invited by Trevor Haugh, information skills librarian in Dublin Business School, to give a guest lecture on information literacy in a medical setting. The talk was delivered to the students of the MSc in Information & Library Management course in Dublin Business School. The course focuses on practical real-life skills needed for the modern library work environment; the school regularly invites external speakers to provide real life practical examples of librarians' experiences in the work setting.

Due to the pandemic, I was able to present the session from the comfort of my bedroom via Zoom. I stressed the need for the library service to be as visible as possible and advocated proactively offering to attend hospital education sessions that various medical departments/specialties have in order to present the library service. I emphasised the importance of getting senior management buy-in for the work of the library and suggested creating a library users' group in order to create a forum in which to capture users' input on ways to develop the service.

For the library sessions themselves, I highlighted the need to customise the learning session for the target audience. For instance, in order to engage staff at the session for clinical nurse specialists/clinical nurse managers, it was necessary to have practical examples of searching the CINAHL database to this particular audience.

I also explained the changes that have taken place within the HSE Library service since the pandemic began, especially as pertaining to library training courses. I explained how new laptops were provided as well as VPNs in order for staff to work from home. I also described how training sessions were provided by librarians virtually via WebEx as opposed to the usual face-to-face. I demonstrated how Slack had greatly contributed to our ability as an Evidence Team to work together to produce high quality evidence summaries for topics on COVID-19. I also emphasised the importance of staying up-to-date on new technology as it pertains to libraries. I explained that as part of my work on the Digital Team I had recently learned about virtual assistants, virtual reality/augmented reality and 3-D printers.

Finally, having attended many interviews for positions in libraries over the years, I imparted some tips that I have picked up over the years to the students who will be entering the job market in the near future. I outlined some of the more common interview questions and suggested some ways of answering these questions.

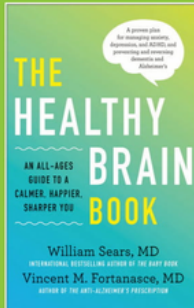


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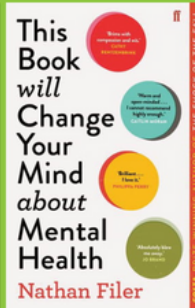


BORROWBOX IS ALWAYS OPEN

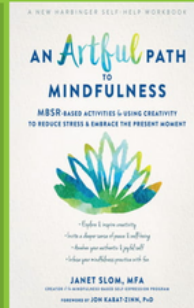
Healthy Ireland



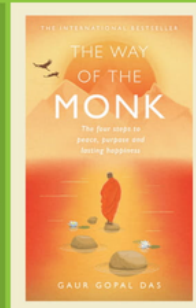
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Healthy Ireland



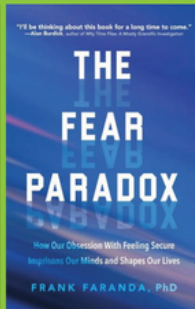
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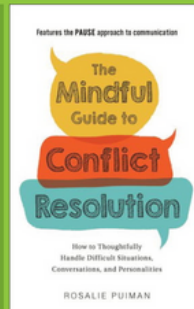
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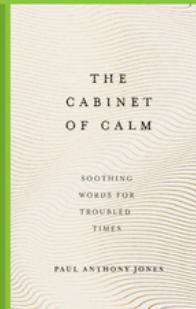
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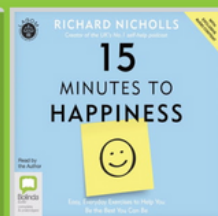
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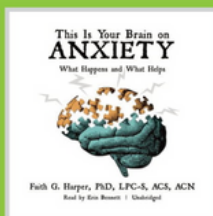
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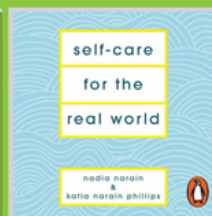
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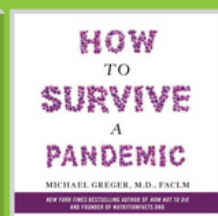
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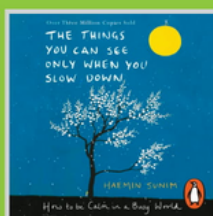
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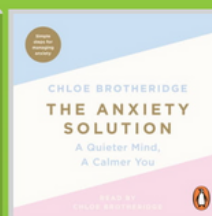
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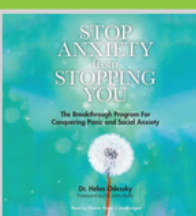
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HSE OPEN ACCESS AWARDS 2020

Padraig Manning



In a year unlike any other, we have all had to learn new ways of doing old things. Since their inception in 2014, the HSE Open Access awards have become a fixture in the health research calendar. When Covid-19 hit these shores in March 2020 it was initially thought that the event would have to be abandoned along with so many others.

However after some deliberation we decided to forge ahead with a modified version of the awards. The usual range of categories were replaced by just one – Covid-19 – and the entire process was moved online.

The awards normally judge research published in the last two years, so focusing on Covid-19 naturally limited the potential entries. Offsetting this however was the greatly increased level of research being carried out into the threat of the coronavirus – researchers in the Irish health services have been doing extraordinary work this year.

A panel of judges was convened, covering a variety of disciplines. Each judged a selection of entries, and all papers were cross-checked to underpin the quality of the judging process. The top-scoring entries were further assessed by an external judge, who also chose an overall winner.



Clockwise from top left: Aoife Lawton, Jonathan Drennan, Dale Whelehan, Jane McGrath, Donal O Mathuna and Ana Terrés

The presentation of the awards is usually a convivial occasion in Dr Steevens' Hospital in Dublin, where attendees chat over mince pies and coffee. This year the venue was the humbler surroundings of a Webex teleconference, but the attendance was still sizeable and the ceremony enjoyable, despite minor technical hitches.

The National Health Librarian Aoife Lawton presented the awards, with speeches by Dr Ana Terrés of the Research & Development office, and the external judge Dr Jonathan Drennan.

Aoife revealed that the “European Commission...looked at 10 years of publishing globally between 2009–2018, and open access trends. For these years, Ireland produced 45.9% of its publications in open access, so 54.1% was closed or required a fee to access. The gap between closed and open access is closing.”

HSE OPEN ACCESS AWARDS 2020

Padraig Manning



Prof. Drennan observed that a year ago the WHO had 8 resources on Covid-19 – now it is 136,642. In the context of this global research, Irish-based researchers have been making their mark. Prof. Drennan spoke about each of the winning entries and highlighted their individual qualities.

Jane McGrath's paper “highlighted the challenges facing children and adolescents with AHHD – and their families – during Covid-19, but also solutions to enhancing the wellbeing of these children. An excellent and beautifully written paper.”

The paper by Dale Whelehan and colleagues “effectively and comprehensively presented the impact on surgeons and surgeons in training of working through Covid-19. It was a pleasure to read a high-quality qualitative research paper.”

The overall winning entry, by Dónal Ó Mathúna and colleagues was a “quality meta-analysis... that showed the value of international collaboration and demonstrated how powerful well-conducted systematic reviews can be. There's no doubt that this publication provided evidence that will enhance clinician decision making, as well as providing care and treatment to patients with Covid-19.”

Reflecting on the many unanticipated consequences of the pandemic, Dr Terrés suggested that Covid-19 had “had the effect of making Open Access come to the fore in a way that has never happened before.” Nearly a hundred percent of Covid-19 papers, she said, had been made Open Access to ensure that information was available to fight the coronavirus with maximum efficiency.

Dr Terrés contrasted this with the 20%–30% of Open Access papers in other medical areas, saying that there was a long way to go to achieve the levels of cooperation shown in relation to Covid-19. “I think this award is brilliant,” she added, “because it brings it to the fore of people's minds and makes sure that the issue remains alive.”

Runner up: Jane McGrath, **ADHD and Covid-19: current roadblock and future opportunities**.

Runner up: Dale Whelehan and colleagues, **COVID-19 and surgery: A thematic analysis of unintended consequences on performance, practice and surgical training**.

Overall winner: Dónal Ó Mathúna and colleagues, **Clinical, laboratory and radiological characteristics and outcomes of novel coronavirus (SARS-CoV-2) infection in humans: A systematic review and series of meta-analyses**.

WELCOME ABOARD

John Kennedy



I joined the National Health Library and Knowledge Services team on 30th November as project manager for the National Office for PPPGs, based in Jervis St (once Covid-19 conditions allow). I've previously worked with Microsoft for eight years establishing their digital supply chain, with stints at ACS-Xerox, IBM as well as a few indigenous Irish companies.

Phase I of the PPPG project is complete with the development of the National Framework for PPPGs, providing guidance on how to comply with the NCEC standards for Clinical Practice Guidance when developing national PPPGs. Phase II will focus on the National

Office for PPPGs and a HSE National Central Repository (NCR). I'm planning to build on the work done so far by Aoife, Melanie and team,

and I look forward to collaborating with the wider team in the coming months.

I'm currently living in Dun Laoghaire with my wife and teenage son. In my spare time I like to get out for a quick run or a swim, and I volunteer as a scout leader.



Library Ireland Week

Natasha Smith

We have been celebrating Library Ireland Week 2020 by asking our library staff and library users for their reasons why libraries endure and how they have provided continuity in a crisis this year.



This is what they told us...

Online Library Resource Training

[#hseinfoskills](#)

*"Long enough to impart information and
short enough to engage."*

45 min
Sessions

170+
Attended
a Session

Tuesday at 10:00
All staff members are welcome to attend.

Intro to
Library
Resources

[Training
Materials](#)

CINAHL

Thursday at 13:15
All staff members are welcome to attend.

A recording of our Introduction to HSE
Library Services will be added soon

Video
Tutorials

LibGuides

We are adding to the help and [training materials](#)
on our website all the time

"Saving results of searches/folders"

"Where to source keywords"

*"...well paced ...a good overview of the
resources and useful examples ..."*

Feedback

"Combining searches for more focused results"

Register to join a session using our [Events Calendar](#)

MakerLab

Mobile Innovation space

The portable MakerLab by Actionable Innovation had been specifically designed to inspire and encourage staff to act on ideas and begin building those ideas into reality. MakerLab is built on insights from over 15 years' experience designing medical devices and our innovation capability building work with over 400 organisations.

MakerLab provides a dedicated space for workers to have the freedom, tools, materials and permission to build these critically important early stage prototypes and experiments. The mobile trolley is designed to fit into the office environment, whilst at the same time attracting the attention of staff and signalling that the organisation encourages and supports innovation, experimentation and continuous improvement. When used in public/open spaces, the back of MakerLab becomes a space to old micro innovation exhibitions, academic including poster displays, innovation case studies (from hospital site or international examples), innovation frameworks etc.

Contents

The MakerLab includes carefully selected range of equipment and materials that will enable the ideator to build a huge selection of low to medium fidelity prototypes. The MakerLab will come fully stocked with the following:

- A wide array of hand tools commonly used in the creation of low – medium fidelity prototypes
- A wide range of tapes, adhesives, clips and fasteners
- A selection of sheet materials commonly used in early stage medical equipment.
- A selection of carefully selected, miscellaneous materials and 'doohickies' ideal for typical innovation prototypes.
- A wide selection of pipes, rods and tubes
- A selection of workshop facilitation templates and innovation workshop supplies (Sticky notes, pens, markers, Bluetack, sketchbooks etc.
- Clamping vice, whiteboard, tool hangers

Trolley information

Dimensions of only the tool trolley including wheels and handles 138 x 61 x 92.5 cm.

Equipped with 4 heavy-duty swivel castors, including 2 with brakes.
Heavy duty wheels 125 x 40 mm.

All drawers are equipped with anti-slip mats.

Equipped with 2 robust stainless steel handles.

All open cabinets and drawers can be locked separately.

Solid, non-porous wood worktop 4 cm thick.



Five of these Makerlab Trolleys are planned for NHLKS libraries: Connolly Hospital, Dublin; Cork University Hospital; Midland Regional Hospital, Tullamore; Galway University Hospital, Merlin Park and Our Lady of Lourdes Hospital, Drogheda

Actionable

ONLINE SERVICES

Virtual Library Desk



**Quick Question: Ask
LAMA**
(libraryAskMeAnything)

**Need to Chat: Virtual
Desk**



hselibrary.ie/virtual-desk

Covid-19 Resources



Evidence request

**Clinical
Repository**



**Summaries of
Evidence**

hselibrary.ie/covid-resources

Books & Research

**National book
collection**
Order & Collect
books.hselibrary.ie



**Lenus Irish Health Research
Repository**
lenus.ie

Guides & Support

**Subject &
Resource
Guides**



Training

hselibrary.ie/help-guides

VISIT HSELIBRARY.IE



**NATIONAL HEALTH LIBRARY
& KNOWLEDGE SERVICE**



Seirbhís Sláinte
Níos Fearr
á Forbairt

Building a
Better Health
Service