

Wellness Day at SLRON Library

26th June 12pm – 2pm



SLRON library, in association with Healthy Ireland, is hosting a special event to promote Borrowbox, a new app which allows SLRON staff to access a range of ebooks and eaudiobooks on health and wellbeing topics.

On the 26th of June, the library will become a designated wellness area for SLRON staff.

Anna and Jessica from the SLRON Psycho-Oncology Department will deliver 15-minute relaxation sessions for staff in the library starting at 12.30pm, 1.00pm and 1.30pm.

There will be refreshments, soothing music and an information stand including live demonstrations of our new Borrowbox app from 12pm - 2pm.

