



Health & Wellbeing Events Calendar 2019



JAN	1-31	Get Ireland Active Promoting Physical Activity in Ireland http://www.getirelandactive.ie/ Email: info@getirelandactive.ie
	1-31	START Child Health campaign http://www.safefood.eu/Start/Welcome.aspx/ Email: info@safefood.eu
	1-31	Lung Cancer Awareness Month Irish Cancer Society www.cancer.ie
	1-31	Little Things campaign Mind Your Mental Health https://www2.hse.ie/services/campaigns/littlethings/about-littlethings.html https://www2.hse.ie/mental-health/
	1-31	Mind Monster Mental Health Campaign for Young People https://www2.hse.ie/healthy-you/ https://www2.hse.ie/mental-health/
	1-31	Breathelife Climate and Clean Air Initiative WHO/UN Environment http://breathelife2030.org/
	9	Operation Transformation RTE https://ot.rte.ie/
FEB	21-27	European Cervical Cancer Prevention Week Cervical Screening Programme https://www.hse.ie/eng/cervicalcheck/
	1	National Health & Social Care Professions Day Health Service Executive HSCP Hub at www.hseland.ie
	4	World Cancer Day Irish Cancer Society http://www.worldcancerday.org/ www.cancer.ie/ Email: reception@irishcancer.ie
	5	Safer Internet Day PDST Technology in Education and Webwise https://www.webwise.ie/saferinternetday/
	11	International Epilepsy Day Epilepsy Ireland http://www.epilepsy.ie/ https://internationalepilepsyday.org/
	20	World Day of Social Justice United Nations http://www.un.org/en/events/socialjusticeday/ https://www.socialjustice.ie/
	25-3 Mar	Eating Disorders Week BodyWhys https://www.bodywhys.ie/eating-disorders-awareness-week-2018/
MAR	28	Rare Disease Day Eurordis. https://www.rare-diseaseday.org/
	3	World Wildlife Day United Nations http://www.un.org/en/events/wildlifeday/
	4	HPV Awareness Day Irish Cancer Society www.irishcancer.ie
	6	National No Smoking Day HSE Quitline https://www.quit.ie/ Phone 1800 201 203 FREETEXT QUIT TO 50100 www.facebook.com/HSEquit
	7	World Book Day UNESCO http://www.worldbookday.com/world-book-day-ireland/ https://www.worldbookday.com/world-book-day-ireland/
	8	International Women's Day National Women's Council of Ireland www.nwci.ie Email: info@nwci.ie
	11-17	National Brain Awareness Week Neurological Alliance of Ireland http://www.nai.ie/go/brain_awareness_week
	11-15	National Scoot to School Week Green Schools An Taisce https://greenschoolsireland.org/event/
	14	World Kidney Day Irish Kidney Association www.ika.ie https://www.worldkidneyday.org/2019-campaign/2019-wkd-theme/
	16-24	European-wide Action Week Against Racism United Nations http://weekagainstracism.eu/about/
	20	International Day of Happiness United Nations http://www.un.org/en/events/happinessday/documents.shtml https://www.dayofhappiness.net/#join
	21	World Down Syndrome Day Down Syndrome Ireland www.downsyndrome.ie Email: info@downsyndrome.ie https://worlddownsyndromeday.org/
	22	World Water Day UN http://www.un.org/en/events/waterday/
	24	World TB Day WHO http://www.stoptb.org/events/world_tb_day/
APR	30-6 April	Organ Donation Week Irish Kidney Association www.ika.ie/
	1-31	Bowel Cancer Awareness Month Irish Cancer Society www.cancer.ie
	2	World Autism Awareness Day Irish Autism Action www.autismireland.ie/
	7	World Health Day WHO http://www.who.int/campaigns/en/
	8-14	National Arthritis Week Arthritis Ireland www.arthritisireland.ie
	22	Earth Day https://www.earthday.org/earthday/
	23	World Book and Copyright Day UNESCO https://en.unesco.org/commemorations/worldbookday/
	24-30	World Immunisation Week WHO http://www.euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week/
MAY	28	World Day for Safety and Health at Work http://www.un.org/en/events/safeworkday/
	1-31	SunSmart Skin Cancer Prevention Irish Cancer Society www.irishcancer.ie
	1-31	Bealtaine Arts Festival for Older People Age & Opportunity http://bealtaine.com/
	5	World Hand Hygiene Day Save lives Clean your hands WHO http://www.who.int/gpsc/5may/en/ www.hse.ie
	7	World Asthma Day Asthma Society of Ireland www.asthmasociety.ie/ www.ginasthma.org/World-Asthma-Day/
	7-10	Skipathon Irish Heart Foundation www.irisheart.ie/
	7-10	Active School Week Active School Flag http://activeschoolflag.ie/index.php/active-school-week/
	8	World Ovarian Cancer Day Irish Cancer Society www.irishcancer.ie https://ovariancancerday.org/
	12	World Fibromyalgia Day Arthritis Ireland www.arthritisireland.ie
	13-17	Tusla National Child and Family Support Week Tusla
	13-17	Walk to School Week Green Schools An Taisce https://greenschoolsireland.org/event/
	13-19	National Volunteering Week Volunteer Ireland https://www.volunteer.ie/
	15	International Day of Families http://www.un.org/en/events/familyday/
	18	European Obesity Day EASO https://www.europeanobesityday.eu/
JUN	21	World Day for Cultural Diversity for Dialogue and Development United Nations www.un.org/en/events/culturaldiversityday/index.shtml
	24-26	Community Games Final Community Games https://www.communitygames.ie/
	30	World MS Day MS Ireland MS International Federation www.ms-society.ie/ http://www.ms-society.ie/blog-articles/2413-world-ms-day-2019
	31	World No-Tobacco Day Tobacco and Lung Health World Health Organization https://www.who.int/tobacco/wntd/en/ www.quit.ie
	2	Dublin Women's Mini Marathon VHI Women's Mini Marathon http://www.vhiwomensminimarathon.ie/
	5	World Environment Day UNEP http://worldenvironmentday.global/
	10-16	International Men's Health Awareness Week Men's Health Forum in Ireland www.mhfi.org
	10-16	National Carers Week Care Alliance Ireland http://www.carersweek.ie/ www.carersireland.com Email info@carersireland.com
	14	World Blood Donor Day WHO https://www.who.int/campaigns/world-blood-donor-day/ Irish Blood Transfusion Board www.giveblood.ie
	15	World Elder Abuse Awareness Day United Nations http://www.un.org/en/events/elderabuse/
JUL	20	International Day of Yoga United Nations http://www.un.org/en/events/yogaday/
	21	World Refugee Day United Nations www.un.org/en/events/refugeeday/
	22-30	National Bike Week Department of Transport, Tourism and Sport www.bikeweek.ie
	26	International Day Against Drug Abuse and Illicit Trafficking United Nations http://www.un.org/en/events/drugabuseday/
	11	World Population Day United Nations http://www.un.org/en/events/populationday/
	15	World Youth Skills Day United Nations http://www.un.org/en/events/youthskillsday/
	28	World Hepatitis Day World Hepatitis Alliance http://www.worldhepatitisalliance.org/ WHO https://www.who.int/who-campaigns/world-hepatitis-day/
	30	International Day of Friendship http://www.un.org/en/events/friendshipday/
	1-7	World Breastfeeding Week World Alliance for Breastfeeding Action http://worldbreastfeedingweek.org/ http://www.waba.org.my/ www.breastfeeding.ie
	12	International Youth Day United Nations www.un.org/en/events/youthday/
AUG	16-18	Community Games Final Community Games https://www.communitygames.ie/calendar.html
	19	World Humanitarian Day United Nations http://www.un.org/en/events/humanitarianday/index.shtml/
	1-30	Childhood Cancer Awareness Month Irish Cancer Society www.irishcancer.ie
SEPT	1-30	Irish Heart Month Irish Heart Foundation www.irisheart.ie/
	8	World Physical Therapy Day Irish Society of Chartered Physiotherapists www.iscp.ie https://www.wcpt.org/wptday
	8	International Literacy Day http://www.un.org/en/events/literacyday/
	8-14	National Palliative Care Week All Ireland Institute of Hospice and Palliative Care http://www.thepalliativehub.com/public-awareness
	10	World Suicide Prevention Day International Association for Suicide Prevention www.iasp.info/wspd/
	15	World Lymphoma Awareness Day Lymphoma Forum of Ireland http://lymphomaforum.ie/ Lymphoma Coalition http://www.lymphomacoalition.org/wlad
	16-22	European Mobility Week www.mobilityweek.eu/ Department of Environment, Heritage and Local Government http://www.environ.ie/
	20	Mouth Cancer Awareness Day http://www.mouthcancerawareness.ie/
	20	Culture Night Department of Culture, Heritage and the Gaeltacht https://culturenight.ie/
	21	World Alzheimer's Day Alzheimer's Disease International http://www.alz.co.uk/ ; http://www.alzheimer.ie/Home.aspx http://www.understandtogether.ie
	21	International Day of Peace United Nations http://www.un.org/en/events/peaceday/
	22	World Car-Free Day https://carfreemetrodc.org/about-car-free-day/
	23	International Day of Sign Languages United Nations http://wfdeaf.org/news/un-23-sept-as-international-day-of-sign-languages/ https://www.irishdeaf.com/
	29	World Heart Day Irish Heart Foundation www.irisheart.ie/ www.worldheartfederation.org
OCT	26	National Fitness Day Get Ireland Active http://nationalfitnessday.ie/
	29	National Walking Day Sport Ireland www.sportireland.ie/
	30-6 Oct	Positive Ageing Week Age Action https://www.ageaction.ie
	1-31	Breast Cancer Awareness Month Irish Cancer Society www.cancer.ie
	1	UN International Day of Older Persons www.olderinireland.ie www.un.org/en/events/olderpersonsday/
	1-7	National Breastfeeding Week Health Service Executive www.breastfeeding.ie
	5	World Teachers' Day UNESCO https://en.unesco.org/themes/teachers/world-teachers-day
	6-13	National Fire Safety Week Department of Housing, Planning, Community & Local Government www.fireireland.ie www.firesafetyweek.ie
	7-13	Irish Road Safety Week Road Safety Authority http://www.rsa.ie/RSA/Road-Safety/Campaigns/Current-road-safety-campaigns/
	10	World Mental Health Day WHO www.who.int/mental_health/world-mental-health-day/en/ www.mentalhealthireland.ie
NOV	10	World Sight Day International Agency for the Prevention of Blindness (IAPB) https://www.iapb.org/advocacy/world-sight-day/
	12	World Arthritis Day Arthritis Ireland www.arthritisireland.ie
	11-11 Nov	MSReadathon Multiple Sclerosis Ireland https://www.msreadathon.ie/about
	16	World Food Day UN www.fao.org
	20	World Osteoporosis Day http://www.worldosteoporosisday.org/
	21-27	International Open Access Week http://www.openaccessweek.org/
	27	Dublin City Marathon http://kbcdublinmarathon.ie/
	29	World Stroke Day Irish Heart Foundation www.irisheart.ie
	1-30	November Prostate Cancer Awareness Month Irish Cancer Society www.cancer.ie
	12	World Pneumonia Day http://www.worldpneumoniaday.org/
DEC	14	World Diabetes Day www.idf.org/worlddiabetesday www.diabetes.ie
	20	World COPD Day COPD Support Ireland www.copd.ie https://goldcopd.org/world-copd-day/
	11-17	World Antibiotic Awareness Week https://www.who.int/ HSE www.undertheweather.ie
	19	International Men's Day www.internationalmensday.com Men's Health Forum in Ireland www.mhfi.org
	18-22	EU Action on Alcohol Week HSE www.askaboutalcohol.ie http://www.awarh.eu/
	20	Universal Children's Day www.un.org/en/events/childrensday/ www.childrensrights.ie/ www.unicef.org
	25	International Day for the Elimination of Violence against Women http://www.un.org/en/events/endviolenceday/
	1	World AIDS Day www.worldaidsday.org/events ACET (AIDS Care Education & Training Ireland) www.acet.ie
	3	International Day of Persons with Disabilities http://www.un.org/en/events/disabilitiesday/ Inclusion Ireland http://www.inclusionireland.ie
	5	International Volunteer Day Volunteer Ireland https://www.volunteer.ie/

Produced by the Health Promotion & Improvement Information Service, Health & Wellbeing Division, HSE. The information included is correct at the time of going to press. Inclusion does not imply recommendation by the Health Promotion & Improvement Service. Please contact Dymphna McGettigan, dymphna.mcgettigan@hse.ie.

