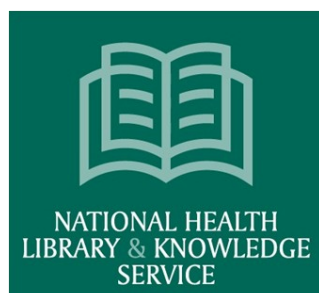


# HEALTH LIBRARY NEWS

VOLUME 1, ISSUE 1    SPRING 2017

## NEW NATIONAL HEALTH LIBRARY & KNOWLEDGE SERVICE



Welcome to the first issue of a national electronic newsletter for a new national health library & knowledge service. A priority is to raise awareness amongst staff about our skilled library staff and a wide range of library services. Many of you know we exist, but we still hear the comment “I

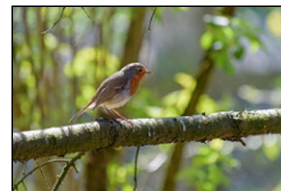
never knew we had a library”. We would like you to help us to spread the word. **Evidence informed practice** and ensuring **decision making is based on reliable data** are both key deliverables of the [HSE's People Strategy 2015-18](#). These are just two of many areas library and knowledge services deliver on.

In this issue we bring you news of a new hospital library at University Hospital Limerick, a new librarian at Naas Hos-

pital, information about research, training and events supporting Healthy Ireland and healthy workplaces. For the most up to date news,



follow @hselibrary on Twitter.



### SPECIAL POINTS OF INTEREST:

- *Map of HSE libraries*
- *Competition heats up in Sligo*
- *Libraries supporting research in the West*
- *Healthy walking in Dublin*
- *Edible Books at St. Luke's*

I didn't know our hospital had a library. They kept that quiet!

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## NEW LIBRARY AT UNIVERSITY HOSPITAL LIMERICK CLINICAL & EDUCATION RESEARCH CENTRE (CERC) BUILDING

We are delighted to announce that the new library is now open & is located on the first floor of the CERC building in front of visitor car park 3. Staffed services 9-5pm (unstaffed 1-2pm). The library is accessible 24/7 using your HSE Mid-West

swipecard. One-to-one training, research support, print & e-books, journals, printing, photocopying, scanning, literature searches, systematic review support, search skills education and much more are part of the services available. For more information

contact Isabelle or Patsy at [postgrad.library@hse.ie](mailto:postgrad.library@hse.ie)  
[www.hselibrary.ie/mid-west](http://www.hselibrary.ie/mid-west)



**"I LOVE MY  
SUH LIBRARY  
BECAUSE...IT'S  
LIKE STEPPING  
INTO A  
SPECIAL, CALM,  
SUPPORTIVE  
SPACE AND I  
LEAVE  
ENCOURAGED  
AND HOPEFUL."**

*-Winning Entry  
from the Nurse  
Practice  
Development  
Unit Sligo  
University  
Hospital*

## COMPETITION HEATS UP IN SLIGO

**UpToDate** – the well-known Point of Care tool is now available on [hselibrary.ie/northwest](http://hselibrary.ie/northwest) and as an App. It was launched on St. Valentine's Day with a series of training sessions, registration events and competitions, accompanied by prizes, chocolates and red roses! One of the competitions invited Library users to say, in 20 words or less, why they love their SUH Library. We had some wonderful entries and the winning entry came from the Nurse Prac-

tice Development Unit:

*"I love my SUH Library because...it's like stepping into a special, calm, supportive space and I leave encouraged and hopeful."*

See more entries below.

UpToDate is already being well used, with over 800 hits per week and we plan to review its impact on patient care during the year. All Library staff are now accredited UpToDate

trainers so that we can provide help to any of our Library users who need it. We plan to hold some further training sessions for Pharmacy and Nursing staff. UpToDate was purchased with assistance from the CEO of the Saolta University Health Care Group.

**- Helen Clark, Library & Information Services Manager, Sligo University Hospital Library.**

Doctors at SUH Library learning more about how to access Uptodate via the mobile App.



**Cochrane Library** – Helen Clark, the Library and Information Services Manager in SUH, will be attending a two day training programme on Systematic Reviews run by Cochrane Ireland in early April. This will provide information and training on protocol development, critical appraisal and Forest Plots as well as searching the literature and meta-analysis and will provide a helpful insight into the systematic review process as a whole.

I love my SUH Library because...  
"I love the library staff.  
They are so helpful and  
supportive. They welcome  
me to the library and  
assist online"

I love my SUH Library because...  
"It is the most  
quiet and relaxed  
place in SUH."

I love my SUH Library because...  
"Every time I come  
in, the staff have a  
big smile for me!"

I love my SUH Library because...  
"It's free, friendly  
and full of  
interesting facts I  
need to know!"

## LIBRARY REPORT FROM THE SOUTH &amp; SOUTH EAST

By Brendan Leen, Regional Librarian, St. Luke's General Hospital Kilkenny

Library	Update
<b>University Hospital Waterford</b>	We have recently facilitated out-of-hours access to the Library Training Room in University Hospital Waterford. Access is via swipe-card and provides study spaces and/or computer terminals for up to 10 library users.
<b>St. Luke's General Hospital, Kilkenny and University Hospital, Waterford</b>	A survey on the use of <i>UpToDate</i> among hospital staff has been completed. The survey has particular focus on the impact of <i>UpToDate</i> usage on the quality of patient care and potential cost savings. Initial results suggest that the use of <i>UpToDate</i> generates significant return on investment across several quality indicators: avoided adverse events; time savings; increased efficacy of diagnostic testing. With thanks to Professor Peter Bonis, Chief Medical Officer, UpToDate, and Professor Garry Courtney, Clinical Director, St. Luke's General Hospital, and Lisa Kirwan, Dietician, St. Luke's General Hospital, for their assistance in conducting this survey. The survey is currently being replicated at University Hospital, Waterford. Results of the survey to follow.
<b>South Tipperary General Hospital</b>	Work has begun on the procurement of a <b>new videoconferencing</b> unit at South Tipperary General Hospital.
<b>Wexford General Hospital</b>	We are in the initial stages of planning secure <b>out-of-hours access to computer and study</b> facilities at Wexford General Hospital library.
<b>HSE South: New Resources for 2017</b>	There have been significant improvements to the electronic resources available in the HSE South (Cork, Kerry). In addition to the nationally procured Cinahl Complete, BMJ Journals Collection and BMJ Learning, the following new resources have been purchased for 2017: ClinicalKey; Wiley Medicine and Nursing Collection; BNF and other Pharmacology resources; Medline Complete; Psychology and Behavioral Sciences Collection; DynaMed Plus. We are also implementing the Ebsco Discovery federated search engine to provide user-friendly access to the new resources.
<b>EBP Steering Group South East</b>	We are in the initial stages of planning an <b>online module in evidence-based practice</b> in collaboration with the School of Medicine, UCC.

### News from St Conal's Hospital, Letterkenny

In March **Pamela O'Connor**, Library and Information Services Manager presented to a group of nursing staff attending the 'Infection Prevention & Control' programme in the Centre for nursing and midwifery.

Tuomas Laaksoinna, Product Specialist with UpToDate is visiting Letterkenny on **Thursday 27th April to launch UpToDate**. He will be presenting to the NCHDs in the main conference room of LUH. A training session with nursing staff and GPs are also planned on the day of the launch. For more information, contact [Pamela](#).



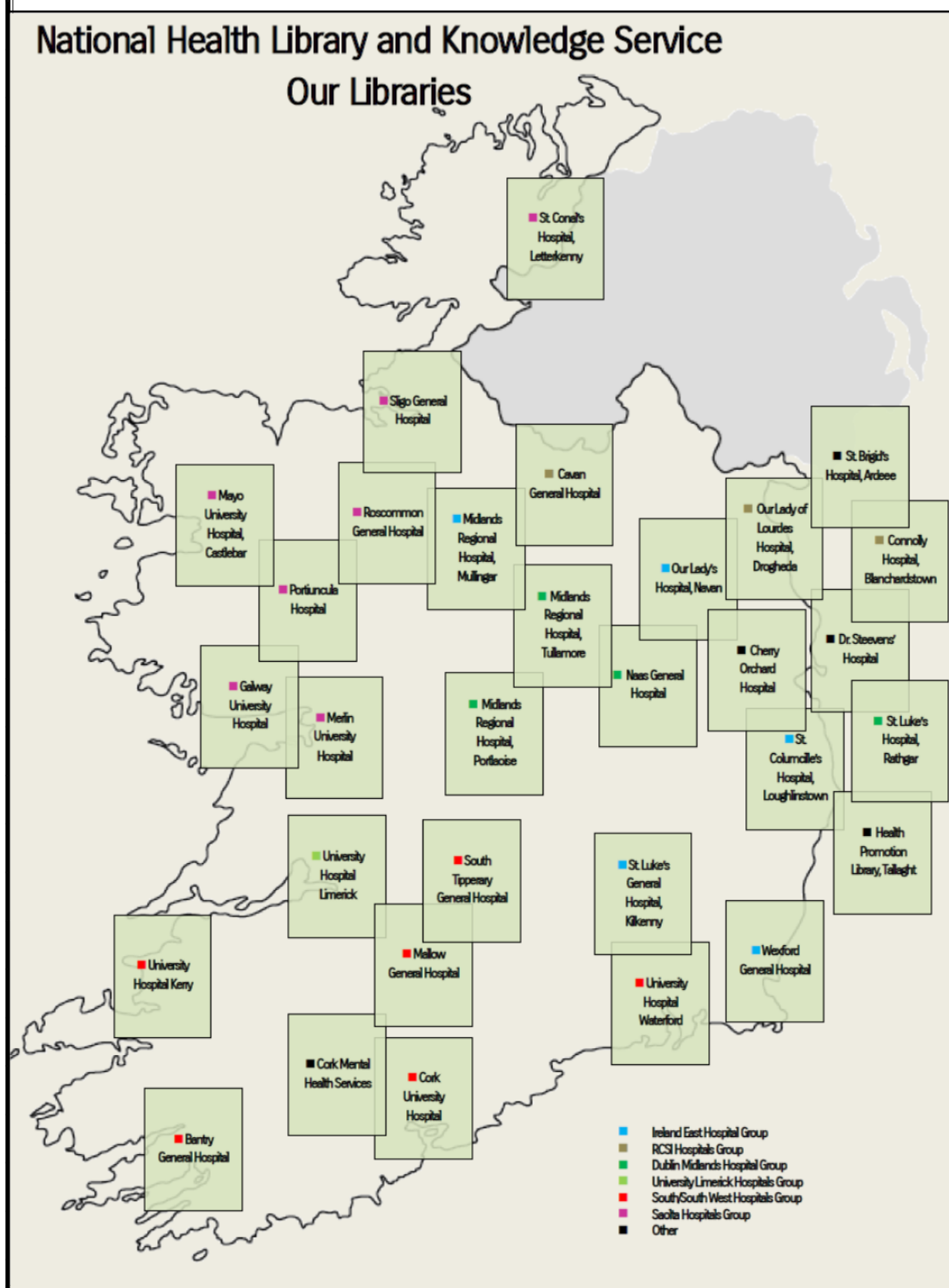
New book stock has recently been purchased by the library at St. Conal's and is now available for loan.



Poster presented by HSE librarians at the ***"Integrated Care Approach to Frailty in the Older Person"*** conference 8th March 2017 at Galway University Hospital.



**Map credit:** Brendan Leen, Regional Librarian St. Luke's Hospital Library, Kilkenny.



The HSE has over 30 libraries with approximately 50 staff. In February this year, all libraries transitioned into a new National Health Library & Knowledge Service aligned to Knowledge Management in the Health & Wellbeing Division. The map shows where libraries sit in the Hospital Groups. Libraries are open to all in the HSE, including staff in Community Health Organisations and other services.

## NEW LIBRARIAN AT NAAS HOSPITAL LIBRARY

**Ronan Hegarty** has been appointed librarian at Naas Hospital Library, part of the Dublin Midlands Hospital Group. This is the first time the hospital has had a qualified librarian onsite which is a great boost for all the staff.

**Have you worked in health libraries before?** Yes, I worked as a hospital librarian for the NHS in London. My main duty was as a teaching librarian, responsible for all training sessions and inductions for staff as well as students on placement. Most recently, I worked as the information specialist at the European Medicines Agency in London. The Agency's mission is the protection of public and animal health through the scientific evaluation and supervision of medicines. My role there involved managing a small team, being responsible for the budget of the library and acquiring resources/services for the library through a procurement process.



**Describe your working day?** As I only started working for Naas General Hospital a few weeks ago, my days are mainly spent getting up to speed with the various procedures of the library as well as liaising with contacts from the various hospital departments as well as student tutors to promote the library service. To this end, I have created various presentations and presented them at several meetings and student inductions. Most recently, I presented an hour long session to the Physiotherapy department. On a daily basis, I help students on placement and members of staff with queries on how to access and use online resources, how to set up an

OpenAthens account and (slowly!) getting through the mound of books that need to be catalogued.

### What services are available?

Users of the library facility itself have access to our collection of print books which cover a wide range of medical topics. The library also has a study area, 4 PCs, with access to WiFi as well as printing and photocopying facilities. Library users also have access to HSE East electronic resources. These resources include a wide number of electronic journals, databases, ebooks, point-of-care tools amongst others. The library provides a literature search service and can also acquire articles from journals that are not subscribed to. Users also have access to a qualified librarian who can assist them with their research questions.



### Who are the typical users of the library?

Users come from a wide range of departments at the hospital, including nurses, doctors and allied health professionals. We also get a large number of students on placement from Trinity College.

### Any words of wisdom for your library users or non-users?

**Library Users:** The myriad of electronic resources can appear very challenging to navigate for the uninitiated. Please ask me to help if you have any questions or feel you are not getting the most out of what is available to you.

**Non-users:** I would urge non-users of the library to pay a visit. It is a quiet, air-conditioned environment with access to PCs with the latest version of several applications and a strong Wi-Fi signal. You also have access to a friendly librarian that can assist you with your studies and efforts to stay up to date with professional development.



## LOVE LIFE WALKING DAY

The Love Life Love Walking Day took place on 14th February 2017, as part of the HSE Operation Transformation initiative. HSE employees across the country were invited to walk with colleagues and share photos on the "Get Ireland Active" Twitter, Instagram and Facebook pages.

*Participants in the Love Ireland Walking Day gearing up for some fresh air and exercise at Dr. Steevens' Lilbrary*



Dr. Steevens Library staff put the runners on, printed off the posters, tweeted the event and

with support from the Health & Wellbeing side of the house organised free Healthy Ireland t-shirts for the first 15 walkers.

Much to our surprise and joy 36 staff joined us on the day. Bennery Rickard, Regional Librarian, gave the pep talk and welcomed everyone to Dr. Steevens Library. Staff were joined by Marcella Corcoran Kennedy, Minister of State for Health Promotion, giving the occasion the Healthy Ireland stamp of approval.

The journey to the Royal Hospital Kilmainham and back, clocked in at 2.25 kilometres. The weather was good and everybody in great form and really up for the challenge. There was good staff engagement with participation from HR, Communications, Public Health, Health & Wellbeing, Quality Improvement and many other departments. It was great to see the people of Dr. Steevens Hospital coming together. On the way we met colleagues from the Physiotherapy Department of St. James Hospital and we all cheered. Sarah McCormack, rounded off the event taking photos and videos and interviewing Minister Marcella Corcoran Kennedy, making sure that this unique occasion was recorded. It was indeed a day to remember.



## BIBLIOTHERAPY— BOOKS CAN HELP



**Bibliotherapy** is the use of written, audio, or e-learning materials to provide therapeutic support. It has been recommended by the National Institute for Health and Clinical Excellence (NICE) UK as a useful start in treating mild and moderate depression, anxiety and panic and some other mental health problems. The effectiveness of bibliotherapy continues to be researched and there is good evidence to show that quality self-help books can be useful with a range of psychological issues.

Bibliotherapy collections are available in most HSE libraries. **This report is by Marie Carrigan, Library Manager, St. Luke's Radiation Oncology Network,** part of Dublin Midlands Hospital Group.



In January 2016 the Psycho-Oncology Department in conjunction with the library, established 'The Wellness Li-

brary' which offers patients and their relatives a wide range of quality self help books. Resources were care-

fully selected by a team of psychologists and library staff in St. Luke's Hospital and cover a range of topics including depression, anxiety, grief, body image etc.

All resources included in the 'The Wellness Library' are available to borrow. Check out our [full guide](#) for information on resources available from the Wellness Library. Please feel free to recommend 'The Wellness Library' to patients or relatives that you feel could benefit from this service. Books from this collection are also available for staff to borrow. If you would like to borrow any items from this collection please contact [marie.carrigan@slh.ie](mailto:marie.carrigan@slh.ie) or phone: 01-4065224.

### Topics covered in 'The Wellness Library' include:

Addiction, Anxiety, Assertiveness, Adults helping children and teens with grief, Caregiving, Depression/low mood, Grief, Mindfulness, Pain, Parenting, Self-Development, Self-Esteem, Sexuality, Sleep Hygiene, Managing side effects. The Wellness library also has a range of books for children coping with loss and bereavement.

**FULL READING LIST AVAILABLE FROM [HERE](#)**



# THE EDIBLE BOOK FESTIVAL

The [International Edible Book Festival](#) is an annual event that has been celebrated since 2000 in various parts of the world and features food shaped like or referring to, books.

On February 27th the library in St. Luke's Radiation Oncology Network hosted an Edible Book Competition which was open to all staff working across the St. Luke's network. The event was in aid of Medicins Sans Frontieres and we managed to raise €350 for this charity.

Game of Scones



This was our fourth time running the Edible Book Competition, we usually hold this event during Library Ireland Week but unfortunately we didn't have time to organise it last year so decided to hold it in February instead. The library became a gallery of edible books for the day, entries were displayed on study desks, book shelves and counter tops and staff were invited to come in and vote for their favourite (we had two categories: best visual presentation and funniest/punniest).

In the afternoon votes were counted and entries were transferred to the canteen where we got a chance to eat the 'edible books' and enjoy a complimentary tea/coffee.

It was a great day, the entries were absolutely amazing and there was a real buzz around the hospital. It was wonderful to see the library become a focal point in the

hospital, with most library resources available online it's easy to forget that the physical library exists and is open for all staff to use. It was a great opportunity for me to meet staff from various departments and showcase the library's resources, you could say I used the carrot (or in this instance cake)/stick approach! Click [here](#) to view a slideshow of all our **gorgeous** edible entries

Hodges Figgis and The Rathgar Bookshop very kindly sponsored this event.



The 'Tail' of Peter Rabbit



Cat in the Hat

The Pharmacy Library





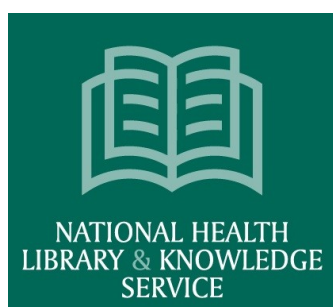
Aoife Lawton, National Health Service Librarian was invited to participate in a public debate by The School of Information and Communication Studies at University College Dublin. Aoife proposed that 'Invisible librarians have contributed to the post-truth era'. Dr. Philip Cohen, Director of library services at Dublin Institute of Technology opposed the motion. It was an entertaining evening of lively debate and audience participation. An

overview of Aoife's talk will be made available on the popular [LIBFOCUS](#) blog.

KNOWLEDGE FOR HEALTH

**WE'RE ON THE WEB!**

**WWW.HSELIBRARY.IE**



Thank you to all the library staff and healthcare professionals who helped to choose our new logo. We hope you like it!

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**GET IN TOUCH**

**Copy Date for next issue**

If you would like to include items in the next edition please get in touch by June 9th 2017